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In fact, Shankman calls ADHD a "gift" in his eye-opening new book with a mouthful of a title, Faster Than Normal: Turbocharge Your Focus, Productivity, and Success With the

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His new book is Faster Than Normal:  
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Focus Success with the Secrets of the  
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talks with Erik on proactively setting up  
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have, and how that leads to freedom  
and to focus. Mentioned in this  
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