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Rebecca J. Donatelle is the author of 'Health: The Basics (10th Edition)', published 2012 under ISBN 9780321774347 and ISBN 0321774345.

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For courses in personal health. A mindful approach to personal health Health: The Basics aligns well-researched health information with current real-world topics that have the greatest impact on students" lives to keep them hooked on learning and living well. The 13th Edition integrates mindfulness research, tools, and practices throughout, enabling students to incorporate mindfulness practices to help cut through the static of everyday life, to be more focused and present, and to improve academic performance. Along with new content on sleep and health, as well as diversity and health equity, Health: The Basics builds on its strengths of using the most current, scientifically valid research, examining important issues and controversies about health today, and motivating students to become "actively engaged in health" at all levels. Students have access to videos, self-assessments, and online interactive activities and reading quizzes that address their diverse needs and learning styles while engaging them in the material. Also available with Mastering Health Mastering(tm) is the teaching and learning platform that empowers you to reach every student. By combining trusted author content with digital tools developed to engage students and emulate the office-hour experience, Mastering personalizes learning and often improves results for each student. With a variety of activities available, students can actively learn, understand, and retain even the most difficult personal health concepts. Note: You are purchasing a standalone product; Mastering Health does not come packaged with this content. Students, if interested in purchasing this title with Mastering Health, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. If you would like to purchase both the physical text and Mastering Health, search for: 0134812824 / 9780134812823 Health: The Basics Plus Mastering Health with Pearson eText -- Access Card Package Package consists of: 0134709683 / 9780134709680 Health: The Basics 0134796527 / 9780134796529 Mastering Health with Pearson eText -- ValuePack Access Card -- for Health: The Basics

Basics of the U.S. Health Care System, Third Edition provides students with a broad, fundamental introduction to the workings of the healthcare industry. Engaging and activities-oriented, the text offers an especially accessible overview of the major concepts of healthcare operations, the role of government, public and private financing, as well as ethical and legal issues. Each chapter features review exercises and Web resources that make studying this complex industry both enjoyable and easy. Students of various disciplines—including healthcare administration, business, nursing, public health, and others--will discover a practical guide that prepares them for professional opportunities in this rapidly growing sector.

Mary Frost has taken information from many sources and compiled them into an easy to read format that will help the reader to know what to do to maintain his o her health. Most people are confused because of all the slick marketing done by the commercial food industry and the pharmaceutical companies. This book pulls back the camouflage and gives us a look at the inner workings of this gigantic mess.

Dr. Andrew Larry is a retired doctor who combines his passion for storytelling and medicine in this detailed book. In this book, you will be guided on all things medicine and health-related and get detailed insights on what it's like to operate as a doctor for decades. You will learn everything you need to know about: Components of medicine Classification of drugs Drug pharmacokinetics Causes and symptoms of diseases Basics of dieting How much food you can eat daily Diseases, conditions, and treatments not related to medicine Remedies, including food, prescription drugs and medical treatments This book serves as a blueprint for your journey into medicine and other health-related matters. If you're a student, physician or practicing Doctor of Medicine, this book has something in store for you. Dr. Andrew Larry shares his stories and key learnings as if he's speaking right to you. A conversational and engaging piece of literature, on what is a serious subject matter. Let this book be your dose for a healthier and more enlightened life. "Wherever the art of Medicine is loved, there is also a love of Humanity." Hippocrates

Health Information Technology Basics gives your students an introduction to the fundamental concepts of the health information technology profession. Perfect for introductory courses where core material in the health information profession is being introduced, this book is written for associate degree level HIT programs at technical, community, or career colleges. The text begins with an introduction to the U.S. health care system and explores career opportunities within the health information profession. The health record is dissected and its many components are carefully reviewed. The book also examines various formats of the medical record and analyzes the advantage and disadvantages of the EHR. Finally, the text covers medical terminologies and classification systems and outlines the basics of reimbursement systems. Features: Each chapter begins with learning objectives and key terms to give the reader a synopsis of what he/she should expect to learn. Additional resources are listed at the end of each chapter for further exploration of the information covered in the chapter. A glossary is included for quick reference of main terms presented throughout the text. An accompanying Instructor s Manual provides review exercises which recap the important points as well as lab assignments that allow students to apply the information in a practical setting."

Now in its Tenth Edition, An Introduction to Community & Public Health provides students with the latest trends and statistics in this evolving field. With an emphasis on developing the knowledge and skills necessary for a career in health education and health promotion, this best-selling introductory text covers such topics as epidemiology, community organizations, program planning, minority health, mental health, environmental health, drug use and abuse, safety, and occupational health.

