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The Tamils of the north and east of Sri Lanka have a distinct cuisine which reflects their geography and their resourcefulness in the use of the products of their harsh lands. This compilation of recipes of the Jaffna Tamils is a tribute to that tradition. Rani Thangarajah collected these from her own family recipes and from Tamil women who maintain the spirit of Tamil cooking wherever they go.

Recipes of the Jaffna Tamils: Odiyal Kool, Kurakkan Puttu ...

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One of the main dishes available in Jaffna is string hoppers or putumayam. While Malaysians enjoy the dish with brown sugar and grated coconut, Sri Lankans eat it with sothi (gravy made of coconut milk, lemongrass, garlic, shallots and curry leaves) and sambol. Sambol in Jaffna is very important.

Jaffna Cooking from Very Far Away - Ilankai Tamil Sangam

jaffna samayal in tamil recipes spicy garlic chutney - ஶஶஶஶ ஶஶஶஶ - step by step - tamizhar samayal tuesdays Poondu chutney is prepared using lot of garlic pods and red chillies. It goes well with idli, dosai or chapathi.

Jaffna samayal in tamil recipes - jaffna samayal in tamil ...

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Recipes of the Jaffna Tamils is a project dear to my heart and will be an important part of My Tamil Kitchen. First published in 2003, the cookbook has sold 6000 copies all over the world and is in its

Jaffna - My Tamil Kitchen | Recipes

This web site celebrates food and cooking specifically in Yarlpanam - the town of Jaffna in the north of Sri Lanka. ("Samayal" meaning

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"cooking" or "cuisine" in Tamil). Why Yarlpana Samayal is a special variety of cooking is explained in the 'About Jaffna' page.

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Recipes of the Jaffna Tamils eBook by Rani Thangararajah ...

INGREDIENTS 1 1/2-1 3/4cup cup butter 1 1/2cups chopped onions 1tablespoon finely chopped, peeled fresh ginger 1 1/2teaspoons minced garlic 1 1/4lbs medium carrots, peeled,chopped (about 3 cups) 2tomatoes, seeded,chopped (about 1 1/3 cups) 1 1/2teaspoons...

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Thick pressed coconut milk or canned coconut milk works perfectly fine for this recipe. Let the curry simmer briefly for a couple of minutes. Switch off the flame and add in the lime juice. Lime juice is optional. The little acidity nicely balances the richness of coconut milk and spices. A simple Jaffna style prawn curry is ready to be served.

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