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Textbook of Remedial Massage comprises three sections. The first section reframes assessment of remedial massage clients to align with current research. The second section provides clear and comprehensive instruction in commonly used and highly valued remedial massage techniques (e.g. trigger points, CRAC stretching, myofascial release, etc), and is accompanied by illustrations and photographs.

Textbook of Remedial Massage, 1e: Amazon.co.uk: Grace PhD ...

Description. A comprehensive practical book for students and practitioners of remedial massage. Textbook of Remedial Massage comprises three sections. The first section reframes assessment of remedial massage clients to align with current research. The second section provides clear and comprehensive instruction in commonly used and highly valued remedial massage techniques (e.g. trigger points CRAC stretching myofascial release etc) and is accompanied by illustrations and photographs.

Textbook of Remedial Massage, 1st Edition - Mosby

A practical massage textbook for Diploma of Massage students and established practitioners of remedial massage. Drawing on cutting-edge research and the authors' lengthy experience in massage education, Textbook of Remedial Massage covers essential topics, from history-taking to contraindication. The content is structured into three sections: Client Assessment - addresses practitioner assessment of remedial massage clients, including information on how to adapt massage techniques for ...

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Textbook of Remedial Massage - Sandra Grace, Mark Deal ...

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Description Textbook of Remedial Massage 2e is a comprehensive and practical book for students and practitioners of remedial massage. Written by Sandra Grace and Jane Graves the text provides expert instruction in commonly used and highly valued remedial massage techniques including trigger points muscle stretching and myofascial release.

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