

## The Hypomaniac Edge Link Between A Little Craziess And Lot Of Success In America John D Gartner

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'The Hypomaniac Edge' by John Gartner is basically the proposal of a link between what the Americans refer to as 'Bipolar Affective Disorder Type 2,' essentially a milder form of what used to be referred to as 'Manic Depression,' and the frenetic creativity of American society upon which a large part of their success has been built.

### The Hypomaniac Edge: The Link Between (a Little) Craziess ...

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Hypomaniac Edge: The Link Between (a little) Craziess and (a lot of) Success in America by John D. Gartner. By THN Productivity 0 Comments. The core message by the writer in this book is just finding the critical edge that made America's successful figures and embracing our hypo-tendencies. You are not crazy, you are just wired differently ...

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The Hypomaniac Edge: The Link Between (A Little) Craziess and (A Lot of) Success in America [Gartner, John D.] on Amazon.com. \*FREE\* shipping on qualifying offers. The Hypomaniac Edge: The Link Between (A Little) Craziess and (A Lot of) Success in America

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In 'The Hypomaniac Edge: The Link Between (a Little) Craziess and (a Lot of) Success in America,' by John D. Gartner, Ph.D. Gartner, an assistant professor of psychiatry at Johns Hopkins University...

### Hypomaniac Nation | Psychology Today

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### The Hypomaniac Edge: The Link Between (A Little) Craziess ...

Through fabulous profiles of the likes of Carnegie, Hamilton, the Selznicks and the Mayers -- my favorites -- John D. Gartner explains how brains hardwired for success, otherwise known as hypomania, have contributed so much to the richness of our great country. Three cheers for Gartner.

### The Hypomaniac Edge: The Link Between A Little Craziess ...

The Hypomaniac Edge: The Link Between (A Little) Craziess and (a Lot Of) Success in America (Inglés) Pasta blanda - 18 junio 2011 por John Gartner (Autor) 4.4 de 5 estrellas 45 calificaciones. Ver todos los 3 formatos y ediciones Ocultar otros formatos y ediciones. Precio de Amazon ...

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"The Hypomaniac Edge" is a surprising -- and thoroughly engaging -- book." -- Joe Nocera, Editorial Director of Fortune, author of "A Piece of the Action" "The Hypomaniac Edge" reveals a secret history of America, the hidden psychiatric underbelly of legendary successes and the cult of celebrity. John Gartner tells the story with gripping detail ...

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The Hypomaniac Edge: The Link Between (A Little) Craziess and (A Lot of) Success in America. His confidence can make him charismatic and persuasive. The paradox of the hypomaniac edge is that it is a double-edged sword.

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the hypomaniac edge the link between a little craziess and a lot of success in america by john gartner 395 rating details 251 ratings 31 reviews explores the american pervasiveness of hypomania a genetically based mild form of mania that endows certain people with high energy creativity and a propensity for risk taking get a copy kindle store 1599 amazon stores

Why is America so rich and powerful? The answer lies in our genes, according to psychologist John Gartner. Hypomania, a genetically based mild form of mania, endows many of us with unusual energy, creativity, enthusiasm, and a propensity for taking risks. America has an extraordinarily high number of hypomaniacs--grandiose types who leap on every wacky idea that occurs to them, utterly convinced it will change the world. Market bubbles and ill-considered messianic crusades can be the downside. But there is an enormous upside in terms of spectacular entrepreneurial zeal, drive for innovation, and material success. Americans may have a lot of crazy ideas, but some of them lead to brilliant inventions. Why is America so hypomaniac? It is populated primarily by immigrants. This self-selection process is the boldest natural experiment ever conducted. Those who had the will, optimism, and daring to take the leap into the unknown have passed those traits on to their descendants. Bringing his audacious and persuasive thesis to life, Gartner offers case histories of some famous Americans who represent this phenomenon of hypomania. These are the real stories you never learned in school about some of those men who made America: Columbus, who discovered the continent, thought he was the messiah. John Winthrop, who settled and defined it, believed Americans were God's new chosen people. Alexander Hamilton, the indispensable founder who envisioned America's economic future, self-destructed because of pride and impulsive behavior. Andrew Carnegie, who began America's industrial revolution, was sure that he was destined personally to speed up human evolution and bring world peace. The Mayer and Selznick families helped create the peculiarly American art form of the Hollywood film, but familial bipolar disorders led to the fall of their empires. Craig Venter decoded the human genome, yet his arrogance made him despised by most of his scientific colleagues, even as he spurred them on to make great discoveries. While these men are extraordinary examples, Gartner argues that many Americans have inherited the genes that have made them the most successful citizens in the world.

The New York Times bestseller "A glistening psychological history, faceted largely by the biographies of eight famous leaders . . ." --The Boston Globe "A provocative thesis . . . Ghaemi's book deserves high marks for original thinking." --The Washington Post "Provocative, fascinating." --Salon.com Historians have long puzzled over the apparent mental instability of great and terrible leaders alike: Napoleon, Lincoln, Churchill, Hitler, and others. In A First-Rate Madness, Nassir Ghaemi, director of the Mood Disorders Program at Tufts Medical Center, offers a myth-shattering exploration of the powerful connections between mental illness and leadership and sets forth a controversial, compelling thesis: The very qualities that mark those with mood disorders also make for the best leaders in times of crisis. From the importance of Lincoln's "depressive realism" to the lackluster leadership of exceedingly sane men as Neville Chamberlain, A First-Rate Madness overturns many of our most cherished perceptions about greatness and the mind.

What makes Bill Clinton tick? William Jefferson Clinton, the 42nd President of the United States is undoubtedly the greatest American enigma of our age -- a dark horse that captured the White House, fell from grace and was resurrected as an elder statesman whose popularity rises and falls based on the day's sound bytes. John Gartner's In Search of Bill Clinton unravels the mystery at the heart of Clinton's complex nature and why so many people fall under his spell. He tells the story we all thought we knew, from the fresh viewpoint of a psychologist, as he questions the well-crafted Clinton life story. Gartner, a therapist with an expertise in treating individuals with hypomaniac temperaments, saw in Clinton the energy, creativity and charisma that leads a hypomaniac individual to success as well as the problems with impulse control and judgment, which frequently result in disastrous decision-making. He knew, though, that if he wanted to find the real Bill Clinton he couldn't rely on armchair psychology to provide the answer. He knew he had to travel to Arkansas and around the world to talk with those who knew Clinton and his family intimately. With his boots on the ground, Gartner uncovers long-held secrets about Clinton's mother, the ambitious and seductive Virginia Kelley, her wild life in Hot Springs and the ghostly specter of his biological father, Bill Blythe, to uncover the truth surrounding Clinton's rumor-filled birth. He considers the abusive influence of Clinton's alcoholic stepfather, Roger Clinton, to understand the repeated public abuse he invited both by challenging a hostile Republican Congress and engaging in the clandestine affair with Monica Lewinsky that led to his downfall. Of course, there is no marriage more dissected than that of the Clintons, both in the White House and on the Hillary Clinton presidential campaign trail. Instead of going down familiar paths, Gartner looks at that relationship with a new focus and clearly sees, in Hillary's molding of Clinton into a more disciplined politician, the figure of Bill Clinton's stern grandmother, Edith Cassidy, the woman who set limits on him at an early age. Gartner brings Clinton's story up to date as he travels to Ireland, the scene of one of Clinton's greatest diplomatic triumphs, and to Africa, where his work with AIDS victims is unmatched, to understand Clinton's current humanitarian persona and to find out why he is beloved in so much of the world while still scorned by many at home. John Gartner's exhaustive trip around the globe provides the richest portrait of Clinton yet, a man who is one of our national obsessions. In Search of Bill Clinton is a surprising and compelling book about a man we all thought we knew.

The Four Domains of Mental Illness presents an authentic and valid alternative to the DSM-5, which author René J. Muller argues has resulted in many patients being incorrectly diagnosed and wrongly medicated. Dr. Muller points out where the DSM-5 is mistaken and offers a guide to diagnosis based on the psychobiology of psychiatrist Adolf Meyer and the insights of existential philosophy and psychiatry. His model identifies the phenomena of the mental illnesses that clinicians most often see, which are characterized by identifying their structure, or partial structure. Using the FDMI approach, clinicians can grasp how each mental illness is an aberration of Martin Heidegger's being-in-the-world.

Using actual examples from history, this is a brilliant and irreverent piece of business writing. The strategies offered in this indispensable guide will help managers avoid the pitfalls of their predecessors, and help employees cope with all kinds of bosses.

More than 30 years ago, Ronald R. Fieve, MD, gained national recognition for his pioneering treatment of what was then known as "manic-depression." Since then, he has focused on patients with mild bipolarity, also known as Bipolar II. With the right treatment, these patients can turn their illness into an asset. In this groundbreaking book, Dr. Fieve presents a highly successful program that allows Bipolar II patients to harness the creativity and energy of their hypomaniac "highs" while minimizing the potentially devastating "lows" of depression. Now with a new foreword explaining the most up-to-date research on the bipolar spectrum, Bipolar Breakthrough includes: -six stay-well strategies for anyone suffering from Bipolar II -the latest information on cutting-edge medications with fewer side effects -a special section on the complications of a bipolar diagnosis for pregnant women, children, and the elderly With results supported by thousands of patient histories, Dr. Fieve's Bipolar Breakthrough is a landmark work that will help the millions of Bipolar II sufferers live better lives.

Understand and decode the inner workings of great business teams with the more than 30 in-depth examples in Great Business Teams: Cracking the Code for Standout Performance. Author Howard Guttman examines and dissects teams at top-management, business-unit, and functional levels and isolates five key factors that drive team performance to offer you insight into the ways these teams achieve success. Using this book, go directly to the marketplace to scrutinize teams in a variety of industries, evaluating the challenges they face and the methods they choose to manage these challenges.

Based on Wootton's Bipolar in Order Seminar that he has developed over the past two years, this book focuses on the positive approach to the bipolar condition. It is about coming to an acceptance of oneself while striving to become a better person.

As this bestseller predicted, Trump has only grown more erratic and dangerous as the pressures on him mount. This new edition includes new essays bringing the book up to date—because this is still not normal. Originally released in fall 2017, *The Dangerous Case of Donald Trump* was a runaway bestseller. Alarmed Americans and international onlookers wanted to know: What is wrong with him? That question still plagues us. The Trump administration has proven as chaotic and destructive as its opponents feared, and the man at the center of it all remains a cipher. Constrained by the APA's "Goldwater rule," which inhibits mental health professionals from diagnosing public figures they have not personally examined, many of those qualified to weigh in on the issue have shied away from discussing it at all. The public has thus been left to wonder whether he is mad, bad, or both. The prestigious mental health experts who have contributed to the revised and updated version of *The Dangerous Case of Donald Trump* argue that their moral and civic "duty to warn" supersedes professional neutrality. Whatever affects him, affects the nation: From the trauma people have experienced under the Trump administration to the cult-like characteristics of his followers, he has created unprecedented mental health consequences across our nation and beyond. With eight new essays (about one hundred pages of new material), this edition will cover the dangerous ramifications of Trump's unnatural state. It's not all in our heads. It's in his.

Creators are complexly wired. In their lightest moments, they are passionate, ambitious, intuitive, and possess a host of other bright qualities. But entrepreneurial spirits are often victim of a darker side of their nature: They are particularly prone to mental health issues, stress-related illness, and other vulnerabilities of mind, body, and spirit. The media has breathlessly chronicled the peaks and valleys of today's creators—glorifying their strengths and villainizing their weaknesses—not realizing that the light and dark within entrepreneurs are two sides of the same coin. *Wired This Way* explores why the mental, emotional, physical, and spiritual distress among creators is not an indication of brokenness, but of a rich inner complexity that's prone to imbalance. A creator's struggles and strengths are one in the same, and the solution doesn't come from without, but from within. Using the wisdom of 10 creator archetypes found within the entrepreneurial spirit—the Curious, Sensitive, Ambitious, Disruptive, Empowered, Fiery, Orderly, Charming, Eager, and Existential Creator—readers will learn how to integrate the light and dark qualities of each archetype for mental, emotional, physical, and spiritual well-being. Rooted in psychology, neuroscience, mindfulness, and ancient wisdom traditions, *Wired This Way* is a user's manual for self-understanding, self-acceptance, and self-care as an entrepreneurial spirit.

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